



Harvesting Fresh Veggies in the Snow

Why it's so awesome to have a cold season garden!

Timing is everything.

You need to start planting your fall garden in summer, not wait until fall.

Be strategic in what you grow.

Focus on foods you can grow in the colder seasons of the year.

What produce do you spend the most money on during the fall, winter and early spring?

Which vegetables taste better when you eat them in those seasons?

Which vegetables would you eat more of if you had better/more access to them?

What vegetables are easy to preserve for out of season eating?

Fall Planting

Choose easy vegetables to start with.

Arugula, beets, carrots, cilantro, daikon radishes, winter greens, radishes, salad mix, spinach, turnips

Focus on planting vegetables by seed instead of plants.

Create a planting calendar.

When is your average first frost?

Arugula – 4-6 weeks before first frost

Beets – 6-8 weeks before first frost

Carrots – 8-10 weeks before first frost

Cilantro – 4-8 weeks before first frost

Greens – 4-8 weeks before first frost

Radishes – 2-4 weeks or more depending on variety, 8-10 weeks for daikon

Salad Mix – 4-6 weeks before first frost

Spinach – 4-8 weeks before first frost

Turnips – 6 weeks before first frost

Fall Season Extension

Structures for Extending the Harvest in Fall

Low tunnel with row cover

Low tunnel with greenhouse plastic

Cold frame: link to how to build -

<https://hudsonvalleyseed.com/blog/seed-starting-101-part-4-of-6-the-quick-and-easy-cold-frame/>, or Google Hudson Valley Seed Library Cold Frame.

Check out my Masterclass, **Harvesting Fresh Veggies in the Snow**, on my website - CreativeVegetableGardener.com/learningcenter

Early Spring Season Extension

Use Row Cover, Low Tunnels & Cold Frames Again

Keep them set up over the winter, or set them up again in late winter

Season Extension Planting

8 weeks before average last frost in cold frames and low tunnels

Same vegetables as fall plantings

Should get your first harvest about three weeks before your average last frost

Harvest Overwintered Vegetables

Cilantro, parsley, salad mix, scallions overwinter under cover

Spinach overwinters either under cover (bounces back earlier) or out in garden

Early Spring Planting

Plant Early

4 weeks before your average last frost

Know your cold hard vegetables: beets, broccoli, bok choy, Brussels sprouts, cabbage, carrots, cauliflower, chard, cilantro, collards, dill, green onions, kale, kohlrabi, leeks, lettuce, onions, radish, oregano, parsley, parsnips, peas, sage, salad mix, spinach, thyme, turnip

Follow a Planting Calendar

Find one in my book, *Smart Start Garden Planner*

I also explain the planting calendar in this article: CreativeVegetableGardener.com/planting-schedule

Keep Records

Make a map of your garden: keep track of date planted, variety, how many

Create a garden binder

Keep in touch!

Sign up for my weekly email: CreativeVegetableGardener.com

Check out my books & how-to videos series: CreativeVegetableGardener.com/learningcenter